

## Why is SARS-CoV-2 Infection Just the “Tip of an Iceberg”?

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In an article written by myself (2021) entitled *What have behind in all kinds of infections that we need to know?* I am showing that patients with any kind of community and hospital infection have in common, energy deficiency inside the five internal massive organs and the necessity to treat the cause of these clinical manifestations and not just treating the symptoms [1].

As a reviewer for over 400 medical journals worldwide, when I read the articles that arrive for me to do the reviews, they always say that the symptoms presented by patients with SARS-CoV-2 infection are caused by the virus [2].

This type of diagnosis is typical of those who do only Western medicine and have been trained to treat the symptoms, as Western medicine doctors are trained [2].

Although I had studied medical college and residency in a Western teaching institution, I had the opportunity to study other medicine, under the influence of my mother, who said that Chinese medicine is one of the medicines capable of treating the diseases of the future that medicine West would not be able to [3].

When the COVID-19 pandemic arrived, patients had the most varied manifestations in all medical specialties and not only manifesting in the respiratory tract but in the gastrointestinal tract, nervous, skin, urinary system, etc, and many times, they left the doctors intrigued to understand how such a new infection works [2].

However, if we analyze the patient holistically, from their energy imbalances, we can have a deeper view in order of how everything happens and not only analyze the symptoms presented. This kind of thinking was presented at the 2nd International Conference on Orthopedics & Advanced Care, which was held on February 25 - 26, 2019 in Singapore, where I presented a study entitled *Why Patients with Knee Pain Still Have Symptoms Despite the Use of Anti-Inflammatory Medication*. In this study, I am showing that patients that suffer from knee pain have energy deficiency inside the five internal massive organs and the internal organ that commands the knee is the Kidney [4,5].

I have been analyzing the energy of my patients since 2010 and at that time, most patients, even though they had serious pathologies, often had energy in most of the internal organs having one or another organ without energy [2].

However, in 2015, I noticed that there was a change in the energy pattern of almost all the patients I saw, with the majority having no energy in the five massive internal organs, which are the Liver, Heart, Spleen, Lungs, and Kidneys and this meant that most had to use highly diluted drugs to activate the functioning of these organs that were without energy [2].

The reason to say that these patients presented nowadays need to use highly diluted medications instead of highly concentrated medications was based on Arndt-Schultz Law, created in 1888 by two German researchers. In this law, they said that highly concentrated medications can reduce the vital energy or can be lethal and the use of highly diluted medications can increase the vital energy and this is the result that all patients need to achieve in all treatments nowadays [6].

At the end of 2019, when rumors started around the world that there was a new disease that started in China, in the fish market in Wuhan, I already knew that the energy pattern of the population was altered and that no highly effective drug could be used to treat these patients, as they have this new energy pattern, and the rest of the world did not know about this change, as it is invisible and cannot be seen with the naked eye [2].

Due to the population's energy pattern being generated from energy deficiency inside the five internal massive organs, the shortness of breath, presented by many patients with SARS-CoV-2 infection, was often caused by this energy deficiency, one of which was caused by Kidney energy deficiency, leading to the condition of dyspnea, due to the blockage of energy transmission from the Lung to the Kidney, according to the generation cycle of the five elements theory in traditional Chinese medicine, when the Kidney does not have this energy to receive from the Lung, there is a blockage of this transmission, causing symptoms of shortness of breath, as explained in the article written by me whose title is *The Pulmonary Manifestations in COVID-19 Really Caused by the Virus?* and in the second article also written by myself (2021) *Chakras' Energies Deficiencies as the Cause of Dyspnea Post COVID-19 Treatment* [7,8].

Regarding the ground glass pattern found in many patients with SARS-CoV-2 infection, in studies carried out in post-mortem patients, where lung biopsy of these patients was performed, it was proven that what the patients had at the microscopic level, was Blood stagnation at the level of

pulmonary vessels, in addition to inflammatory cells, but no changes were found related to the virus itself. All these alterations were caused by energy deficiency situations caused by the use of medication that could reduce even more the vital energy of the patients and lead to stagnation of Blood inside the blood vessels and causing these aspects in the Lung radiography. The energy alterations in these patients were published in the article written by myself (2021) entitled *Energy Alterations in Patients with Ground Glass Opacity in SARS-CoV-2 Infection* [9].

In patients who have altered smell and taste, these were the main sign or symptoms presented by patients with SARS-CoV-2 infection. It was shown that all of them had alterations in the energy of the fourth and fifth chakras, which correspond to the energy of the Lung and Spleen, responsible for the external sensory organs responsible for smell and taste according to traditional Chinese medicine [10].

There are reports in the literature talking about the post-covid sequelae, which many believe are caused by the virus itself, but analyzing the type of medication these patients received, most received highly concentrated medication, whether in the form of anti-thermal, antibiotics, corticosteroids, etc, and which caused an even greater reduction in vital energy, which was already low before getting the infection, causing these symptoms of fatigue and dyspnea after the acute phase of the SARS-CoV-2 infection. These alterations and explanations were published in the article entitled *Chakras' Energy Deficiencies as the Cause of Fatigue Post SARS-CoV-2 Infection Patients Treatment* [11].

There are many different situations whose base case is the same, which are the lack of energy of the five internal massive organs, caused by the drop of energy due to the chronic exposition to electromagnetic waves due to modernization of telecommunication, and giving different symptoms, according to traditional Chinese medicine. The same energy deficiency can cause several different symptoms, and the same symptom can be caused by several energy imbalances [12].

Therefore, I return to remember phrases said by Hippocrates (460 BCE - 375 BCE), the father of medicine, who says that "we must treat the patient and not the disease". If we still treat the symptoms presented by patients, we will cause another very common problem these days, in which the doctor gives medication for a symptom and ends up causing another problem in another organ, because the medication caused an imbalance in the "root" of the tree, and thus, various drugs are given to the patient to treat various side effects caused by the first drug given [13].

To end this editorial, I would like to say that we must increasingly look at the patient as a whole and not just as parts because everything is interconnected and a symptom is just the “tip of an iceberg”, but what is under the waters line, cannot be seen with the naked eye and therefore, the real cause of all the symptoms presented today is not being treated, which in this case, I am presenting about the symptoms of COVID-19, that has the cause, the energy deficiency inside the five internal massive organs, the same alteration for the majority of diseases nowadays [13].

We must understand that the most ancient medicines play a fundamental role in understanding the part of the energy of the human being that has been forgotten by all of us since the implementation of the Flexner report in 1910 and therefore, doctors should increasingly study the part that comes before the materialization of energy, which we have not yet studied, due to mistakes implanted in the past, where they only considered “scientific” what could be proved at the level of laboratory or radiological examination. With this, the human being became not part of the universe, because everything that exists in the universe is formed of energy, including the human being. However, in the process of trying to say what was “scientific” and what was not, man circumvented the natural laws of nature, and thus, he is paying a high price for it. Many diagnoses are made too late, as it can take about five years or more to change in a laboratory test, and thus, many diseases that could be treated earlier are treated late or not treated at all. Therefore, to understand all the changes that the human being is going through globally, we must consider the environment in which he is inserted, taking into account what we are not seeing, which are the electromagnetic waves caused by communication devices, which despite not being able to see, are causing a deleterious effect on our health as if we were immunosuppressed similar to patients who have HIV, but without HIV [14].

If we start to treat the root and not just the symptoms shown on the “leaf of the tree”, all the patient’s physical and emotional problems will improve at the same time, even if the doctor does not know that the patient has such a symptom. This theory was presented by me at the Acupuncture Research Conference, which was held at Harvard Medical School, in 2015, in Boston [15].

Therefore, to conclude this article, what this pandemic has taught us is that we need to integrate the two medicines that exist today, because we need to understand the whole and not just the parts of the whole and thus, we will promote a more integrated and without causing greater harm to our patients,

because knowing the type of patient we have today, we will know how to give the type of medication necessary for their improvement, thus avoiding drugs that will worsen energy, which is already low or even avoid highly concentrated vaccines that they are also causing the low of this vital energy, which is so compromised these days [16].

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